# Guide to Booking Your Comprehensive Health Checkup (Ningen Dock)





Visit

### **Preparing Your Application Form**

Please plan ahead to secure your preferred reservation date. The application form can be downloaded from our official website.

- Health checkups usually begin at 8:00 or 8:30 AM:
- Without a colonoscopy: finishes around 1:30 PM
- With a colonoscopy: finishes around 5:00 PM

Please select two MRI options from the available list. You may also add any optional tests you wish to include.



#### Send the Reservation Form to the Clinic via Email

You will receive a reply within three business days. Our international staff will contact you to confirm and schedule your appointment.

[Payment and Cancellation Policy]

Your appointment will be provisionally reserved until payment is confirmed.

Please complete full payment online within one week of receiving your tentative reservation.

If you cancel your appointment, a refund will be issued based on our cancellation policy:

- ◆ 7 to 3 days before the examination: 30% cancellation fee
- ◆ 2 to 1 day before the examination: 50% cancellation fee
- On the day of the examination or in case of no-show: 100% cancellation fee



Preparing for examination

### Receive Confirmation and Further Guidance

Once your payment has been confirmed by the clinic, you will receive a booking confirmation along with further guidance for your upcoming examination.

Medical questionnaires, instructions, and sample collection kits will be sent to your accommodation in Japan by postal mail.

Please carefully read the instructions and complete all necessary documents prior to your checkup.



# Attend Your Comprehensive Health Checkup Appointment

Please arrive at the clinic on time. An interpreter will accompany you and guide you through each step of the process.



#### Receive Your Results

A complete report will be sent to you by email approximately one month after your examination. If any serious abnormalities are detected during the checkup, a doctor will provide an explanation on the same day.

If follow-up medical care is needed, Kameda Kyobashi Clinic offers a range of outpatient services. Additionally, the Kameda Kyobashi Institute of Sports Science & Medicine provides support for weight loss and other mobility-related conditions.

## Notice Regarding Changes to Examination Dates

Due to a high volume of reservations, it is currently difficult for us to accommodate requests to reschedule examination dates. We kindly ask that you attend your appointment as originally scheduled whenever possible.

Please note that if you are unable to reschedule and decide to cancel your appointment, the standard cancellation fees will still apply.

We sincerely appreciate your understanding and cooperation.

#### Contact Us

For inquiries or assistance, please contact our Kameda Kyobashi International Patient Services team:

Email: [kyobashi.international@kameda.jp] Languages supported: English and Japanese

### Payment Method

We accept payment by credit card (Visa, MasterCard, AMEX) or international bank transfer. Payment details and instructions will be included in your reservation email.

#### Clinic Location

Kameda Kyobashi Clinic

3-1-1 Kyobashi, Chuo-ku, Tokyo 104-0031, Japan

4th Floor: Health Screening and Ningen Dock (6th Floor: Outpatient Clinic)

Nearest station: Nearest stations: Kyobashi Station, Ginza Station, Takaracho Station and Tokyo Station

#### For more information, please visit our official website

